



## Red Kite Challenge 2023 - Welsh Championship Medalists

### Senior Male

Gold - Jacob Tasker (Ogmore)

Silver - Ollie George (Sarn Helen)

Bronze - Wyndham Turner (Builth & District RC)

### M35

Gold - Tom Turner (Builth and District RC)

Silver - Christopher Latham (Islwyn AC)

### M40

Gold - Owain Schiavone (Cardiff AC)

Silver - Raymond Davies (Builth and District AC)

### M45

Gold - Daryl John (Pembrokeshire Harriers AAC)

Silver - Robin Woods (Builth & District AC)

Bronze - Rhodri ap Dyfrig (Meirionnydd)

### M50

Gold - Ivan Courtier (Aberystwyth AC)

Silver - Kevin Jones (Sarn Helen)

Bronze - Rodney Powell (TROTts)

### M55

Gold - Glyn Price (Sarn Helen)

Silver - Alec Williams (Pembrokeshire Harriers AAC)

Bronze - Karl James (Les Croupier)

### M60

Gold - David Warren (Cardigan RC)

Silver - Dave Powell (Aberystwyth AC)  
Bronze - Philip England (Amman Valley Harriers)

#### **M65**

Gold - Edward Davies (Maldwyn Harriers)  
Silver - Lenny Hughes (Maldwyn Harriers)  
Bronze - Tony Hall (Sarn Helen)

#### **M70**

Gold - Raymond Sharratt - Builth & District AC)

#### **Senior Female**

Gold - Ffion Price (Builth & District RC)  
Silver - Katie Reynolds (Eryri Harriers)  
Bronze - Kitty Robinson (Clwb Run Wales)

#### **F40**

Gold - Clara Davies (Amman Valley Harriers)

#### **F45**

Gold - Wendy Price (Amman Valley Harriers)  
Silver - Jacqueline Lee (Eryri Harriers)  
Bronze - Joanne Rees (Builth & District RC)

#### **F50**

Gold - Lynwen Huxtable (Aberystwyth AC)  
Silver - Ann Claire Jones (Prestatyn RC)

#### **F55**

Gold - Cheryl Frost (North Wales RR)  
Silver - Tina Harrison (Builth & District RC)

#### **F60**

Gold - Kay Hatton (North Wales RR)

#### **F70**

Gold - Rose Thomas (Rhayader & District Harriers)

#### **F75**

Gold - Margaret Oliver - Eryri Harriers

