



# SIALENS Y BARCUD COCH RED KITE CHALLENGE SATURDAY 5<sup>TH</sup> MAY 2018



## Welsh Championships, Senior Regional Championships (West Wales) and Welsh Junior Championships

Register at the Woodlands Caravan Park, Devil's Bridge, Aberystwyth, SY23 3JW (O.S Grid Ref: 745773)

1pm	½ Marathon Senior Race (18 yrs +) **	£15 (+ £2 on the day)	<input type="checkbox"/>
1pm	10k Senior Race <u>including U20 Men (17 yrs +)</u>	£12 (+ £2 on the day)	<input type="checkbox"/>
11:15am	Junior Race (U20yrs) <i>Year of Birth 1998,1999,2000</i> **	£6 (+ £2 on the day)	<input type="checkbox"/>
11:15am	Junior Race (U17yrs) <i>Year of Birth 2001, 2002</i> **	£6 (+ £2 on the day)	<input type="checkbox"/>
11:15am	Junior Race (U15yrs) <i>Year of Birth 2003, 2004,2005</i> **	£6 (+ £2 on the day)	<input type="checkbox"/>
11.00am	6 / 13 Mile Walk (approx)	£7 (+ £2 on the day)	<input type="checkbox"/>

### Eich Manylion / Your Details

Enw Cyntaf / First Name:		Cyfenw / Surname:	
Cyfeiriad & Cod Post / Address & Post Code:			
Cyfeiriad e-bost – E-mail address:			
Rhif Cyswllt / Contact Number:		Rhyw / Sex:	
Dyddiad Geni / Date of Birth:		Oedran ar ddiwrnod y ras/Age on race day	
Welsh Athletics / Masters No' (if affiliated):		Club Name:	
Are you eligible to run for Wales?	Y / N	Are you eligible to run for West Wales?	Y / N
Emergency Contact Name		Emergency Contact Number	
Allergies e.g. Penicillin / Latex	Y / N	If yes, please include details	

**\*\* Please note: if you wish to qualify for the Welsh / West Wales Championships, and Welsh Junior championships you will need to enter by the 27<sup>th</sup> April 2018\*\***

Please make cheques payable to 'The Red Kite Challenge'. Numbers to be collected on race day.

Ceisiadau / Entries to: Race Secretary, Cefn Cae, Penuwch, Tregaron, Ceredigion, SY25 6QZ

**\*\*\* Postal Closing Date: 27<sup>st</sup> of April 2018\*\*\***

Declaration: I am medically fit to walk / run (delete as appropriate) and accept that I participate in this/these events at my own risk and that the organisers shall not be liable for any accident, injury or loss as a consequence of my participation. I will abide by the UK Athletics rules and obey marshals' instructions.

**By signing I confirm that I have read and accepted the terms and conditions – available on the website and on our Facebook Page**

Arwyddwyd / Signed Competitor or, if under 18, Parent/Legal Guardian		Relationship to Competitor if under 18		Dyddiad / Date	
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