

Position	BibNumber	FirstName	SecondName	ClubName	RaceTime	Category
1	958	Owain	Schiavone	Aberystwyth AC	00:52:38	M35
2	932	Andrew	Poole	Sarn Helen	00:53:58	M35
3	934	Norman	Biggs	Aberystwyth AC	00:55:49	M45
4	944	Shelley	Childs	Aberystwyth AC	00:56:06	M40
5	922	D	Jones		00:57:24	MSEN
6	914	Lee	Steadman		00:58:36	MSEN
7	940	Dan	Johnson	Aberystwyth AC	01:00:24	MSEN
8	959	Eifion	Roberts		01:00:57	M55
9	954	Stephen	Williams	Cardigan RC	01:02:10	MSEN
10	905	Richard	Fellows	Fenspool Harriers	01:03:07	M45
11	936	Damian	Sidnell	Aberystwyth AC	01:03:50	M55
12	907	Jonathan	Hayes	Bridgend AC	01:05:47	M50
13	903	Tom	Garrod	Witney Road Runners	01:06:02	M50
14	951	Sam	Clemmens		01:06:10	M35
15	927	Chloe	Leek		01:06:20	FU20
16	943	Nicholas	Thompson	Abberystwyth AC	01:07:13	MSEN
17	911	Isobel	Dawson	TROTS	01:08:05	F35
18	955	Rhodri	Jones		01:08:51	MSEN
19	920	Anne	Mynott	Colwyn Bay Athletics	01:09:20	F55
20	956	Goronwy	Evans	Aberystwyth AC	01:09:50	M60
21	948	Helmut	Hardt		01:10:43	M50
22	952	Kirsten	Hughes	Aberystwyth AC	01:10:54	F35
23	904	Lucy	Garrod	Witney Road Runners	01:11:33	F50
24	925	Helen	Andrews	Bridgend AC	01:12:22	F45
25	926	Richard	Leek		01:12:27	M50
26	930	Cameron	Pope	Aberystwyth AC	01:13:23	M60
27	929	Ivan	Courtier		01:14:29	M45
28	923	Simon	Dadomo		01:15:04	M45
29	945	Theresa	Sharland	Aberystwyth AC	01:15:06	FSEN
30	916	Bryan	Clee	Presteigne Pacers	01:15:52	M45
31	908	Catherine	Hayes	Bridgend AC	01:16:45	F50
32	938	Fabi	Findlay		01:17:05	FSEN
33	941	Leah	Lewis		01:18:15	FSEN
34	960	Claire	Morris		01:18:28	F40
35	912	Louise	Boorman	Pembrokeshire Harriers	01:19:35	F55
36	928	Anita	Leek		01:19:42	F45
37	931	Liz	Hughes		01:20:37	F60
38	949	Richard	Jones		01:21:52	MSEN
39	921	Catrin	Davies		01:22:31	F45
40	924	Isobel	Riley		01:22:32	FSEN
41	950	Moss	Inns	Aberystwyth AC	01:23:18	MSEN
42	933	Clive	Evans	Emlyn Harriers	01:23:36	M70
43	935	Adriano	Evola	Aberystwyth AC	01:23:38	M55
44	937	Michelle	Billing		01:24:36	F40
45	946	Jan	Davies		01:24:57	F40
46	906	Allison	Donnelly	Eryri	01:26:44	F50
47	947	Rhian	Meredith-Edwards		01:29:12	F45
48	918	Anita	Kendrick		01:29:56	F45
49	919	Eunice	Carter	Aberystwyth AC	01:30:20	F50
50	957	Amy	Goodwin	Aberystwyth AC	01:30:45	FSEN
51	917	Deb	Clee	Presteigne Pacers	01:33:28	F45
52	961	Nicola	Kelly	Builth	01:35:54	F45

53	939	Margaret	Powell	TROTS	01:36:10	F55
54	953	Carolyn	Snellgrove		01:38:37	F5EN
55	915	Joanne	Dodd	Wrexham Tri	01:41:30	F50
56	913	Jacqueline	Purvis	Stockport Harriers and AC	01:54:44	F55
57	942	Hazel	Tolley		02:14:08	F50